

SPICES BY *Cuisine*

American

Black Pepper
Cinnamon
Everything Bagel
Garlic Powder
Onion Powder

Chinese

Chinese Five-Spice
Garlic Powder
Ginger
Sesame Seeds
Star Anise
Szechuan Pepper

Cuban

Allspice
Bay Leaf
Cumin
Garlic Powder
Oregano

French

Anise
Basil
Ground Mustard
herbs de Provence
Lavender
Marjoram
Rosemary
Sage
Tarragon
Thyme

Indian

Allspice
Anise
Black Pepper
Cardamom
Cinnamon
Cloves
Coriander
Cumin
Garlic Powder
Ginger
Mint
Mustard Seeds
Nutmeg
Paprika
Poppy Seeds
Saffron
Sage
Turmeric
White Pepper

Italian

Basil
Cinnamon
Fennel
Garlic Powder
Marjoram
Nutmeg
Oregano
Parsley
Red Pepper Flakes
Rosemary
Saffron
Sage
Thyme

Japanese

Bonito Flakes
Chili Peppers
Ginger
Sesame Seeds

Korean

Chili Peppers
Garlic Powder
Sesame Seeds

Mexican

Chili Powders
Cumin
Cinnamon
Garlic Powder
Onion Powder
Oregano

Thai

Coriander
Cumin
Garlic Powder
Ginger
Turmeric

Vietnamese

Chili Peppers
Garlic Powder
Ginger
Star Anise

Checklist

Spice

Expiration Date

- Allspice _____
- Anise _____
- Basil _____
- Bay Leaves _____
- Black Pepper _____
- Bonito Flakes _____
- Cardamom _____
- Chili Pepper _____
- Chili Powders _____
- Chinese Five-Spice _____
- Cinnamon _____
- Cloves _____
- Coriander _____
- Cumin _____
- Everything Bagel Seasoning _____
- Fennel _____
- Garlic Powder _____
- Ginger _____
- Ground Mustard _____
- herbs de Provence _____
- Lavender _____
- Marjoram _____
- Mint _____
- Mustard Seeds _____
- Nutmeg _____
- Onion Powder _____
- Oregano _____
- Paprika _____
- Parsley _____
- Poppy Seeds _____
- Red Pepper Flakes _____
- Rosemary _____
- Saffron _____
- Sage _____
- Sesame Seeds _____
- Star Anise _____
- Szechuan Pepper _____
- Tarragon _____
- Thyme _____
- Turmeric _____
- White Pepper _____

