

Valentine's Day

SHOPPING LIST



FRUITS:

1. 8oz pomegranate arils
2. 12oz raspberries



VEGGIES:

1. garlic
2. 1/2 medium white onion
3. 1 1/2lbs purple potatoes
4. 1/2oz fresh sage
5. 3oz golden Shitake mushrooms



MEAT:

1. 2 chicken breast, skin on



DAIRY:

1. 3 tablespoons salted butter
2. 4 cups heavy cream or heavy whipping cream



CANNED GOODS:

1. olive oil
2. salt & pepper
3. 1 teaspoon vanilla extract
4. white sugar



BEVERAGES:

1. 25oz blood orange Italian Soda
2. 6oz club soda
3. 1 cup pomegranate juice



ALCOHOL:

1. Vodka
2. Whiskey



BAKED ITEMS:

1. 13oz Angel Food Cake